



ACAI BERRY POT £5.50

Acai berry smoothie made to order with almond (N) milk topped with homemade G/F granola (N), seasonal berries, and coconut sprinkles.

NUTTY GRANOLA £5.25

Lu-Ma's homemade G/F granola (N) served with coconut yoghurt, sliced banana, strawberries, berry coulis and coconut sprinkles

OVERNIGHT CHIA OATS £4.95

Delicious gluten free overnight oats with almond (N) milk, soya yoghurt (S), Chia seeds topped with coconut sprinkles and fresh berries

GOLDEN OMELETTE £8.75 (available until 15.30)

Organic eggs (E) with broccoli, spring onions, spinach, vegan cheese and a pinch of turmeric & nutmeg served with a slice of G/F bread

LU-MA PANCAKES £9.00 (available until 15.30)

Buckwheat pancakes served with sliced banana, fresh berries drizzled with maple syrup and roasted hazelnuts (N)

SOUP OF THE DAY with G/F BREAD £6.50 (available until 15.30)

Served with G/F bread

CEASAR SALAD £7.75

Crispy fresh gem lettuce, smoked tempeh bacon(S), vegan cheese (S), gluten free croutons topped with our homemade Caesar salad dressing. (S,M)

FALAFEL SALAD. £7.95

3 Delicious homemade falafels, sweet potato and pomegranate salad, lemon infused humus (SS), pomegranate dressing.

CHICKPEA CURRY £9.50 (available until 15.30)

Chickpea and vegetables curry with activated brown rice and pickles (S)

SALMON AND AVOCADO WRAP £6.75

Fresh smoked salmon (F), avocado with spinach and Caesar dressing (S,M) served with a side of salad.

FALAFEL WRAP £6.75

Falafels with lettuce, carrot, red onion and homemade lemon infused hummus (SS). served with a side salad