

LU-MA

C A F E

BREAKFAST (until 11.30am)

Gluten-free Homemade Lu-Ma Pancakes £9.00

Drizzled with maple syrup topped up with fresh fruits and chia seeds

Homemade Granola (N) £5.95

Seasonal fruit, coconut yoghurt and a sprinkle of coconut flakes

Acai Berry Bowl £6.5

Homemade granola (N), fresh fruits, coconut and chia seed sprinkles

ALL DAY

Vegan Full English £9.75

Whole earth baked beans, cherry tomatoes, mushrooms, 2 x heck sausages, sliced avocado, spinach, and G/F toast



Smashed Avocado on g/f Toast £7.25

Served with cherry tomatoes, mushrooms and topped with seeds and sprouts (SS)

Lu-Ma's Signature Curry £10.25

Served brown rice topped with crushed cashews (N) and fresh parsley

Lu-Ma's Signature Homemade Bean Burger £10.25

Served in a G/F bun with homemade vegan mayonnaise (S) (M) sweet potato fries and a side of ketchup
Add avocado £3.25



Soup of the Day £6.10

Please check with the waitress or the board to see today's specials

Nachos Sharer £8.25

Topped with chunky salsa, vegan cheese, guacamole and jalapeños

ADD ADDITIONAL PROTEIN

Smoked salmon £4.00 Organic egg £2.00 2 x falafels £3.00

Special of the week £9.95

Our special changes weekly offering a balance of vegetables, grain, protein and greens
Please ask the waiting staff or check out the boards

Sweet potato fries £4.25

Crispy GF sweet potato fries served with a side of vegan mayo (S,M) or ketchup

Or

try our new deli 'grab and go' selection at the counter (pizza, focaccia, vegan sausage roll, salad bowl, etc)

Please speak with your server if you have any allergies or food intolerances, thank you.

SMOOTHIES £5.50

Super Green Goodness

Almond milk (N), spinach, kale, spirulina, banana, cashew nuts (N)



Tropical Taster

Almond milk (N), Pineapple, mango, passion fruit, banana & maca powder

Acai Berry

Almond milk, mixed berries, banana, açai powder, cashew & chia seeds (n)

Chocoholic

Almond milk (N) Banana, dates, cocoa powder, & cashew nuts (N)
Please turn over for our drinks menu...

SWEET

Please go to our counter to see our freshly made baked croissants (G) & indulgent cakes



Follow us! @LumaCafe
Some of our dishes contain gluten. Speak to our server

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ORGANIC PRESSED JUICE £4.50

Verde – Romaine, kale, spinach, cucumber, lemon & mint

Rouge - Apple, beetroot, ginger, lemon & aloe vera

Zenzero - Apple, ginger, lemon & thyme

O'Fresco - Apple, carrot, lemon, ginger & turmeric

COLD DRINKS

Organic Apple Juice £3.50

Organic Pear Juice £3.50

Still or Sparking Bottle (small) £1.50

Still or Sparking Bottle (large) £2.50

Dalston Can £2.30

Elderflower: Ginger Beer or Lemonade

Fizzy Nix Kix £2.25

Mango & Ginger or Blood Orange & Turmeric

Remedy Kombucha £3.50

Karma Kola £2.60

ICED DRINKS

Iced Matcha Green Tea £3.95

Matcha green tea powder with a choice of milk

Iced Latte £3.75

With a choice of milk

Home-made Iced Tea £3.60



ORGANIC TEA £2.70

With your choice of milk - organic semi skimmed, almond (N), oat (G) or coconut

Choose from – Mint, Green, English Breakfast, Early Grey, Lemon & Ginger, Orange Hibiscus

Kukicha - Japanese twig tree tea £2.85

HOT DRINKS

With your choice of milk - organic semi skimmed, almond (N), oat (G) or coconut

Americano £2.60

Espresso or Macchiato £1.85

Extra shot £0.50

Chai Latte £3.80

Turmeric Latte £3.80

Matcha Green Tea Latte £3.80

Hot Chocolate £3.90



SINGLE SERVE WINES

(18.7 cl)

Chalk Farm Sauvignon Blanc £6.00

Chalk Farm Merlot £6.00

Chalk Farm Zinfandel £6.00

Vitelli Prosecco NV £6.25

BOTTLES

All Organic

Running Duck Shiraz Rosé £28.00

Running Duck Chenin Blanc £28.00

Running Duck Merlot £28.00

Organic Biodynamic Prosecco £35.00

SPIRITS

With Tonic or Karma Kola

Gin £7.25

Vodka £7.25

BEER

Wimbledon Gold Lager (pint) £5.75

Wimbledon Summer Ale (330ml) £5.00

Brewdog Nanny State 0% (330ml) £5.75

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