



DINNER MENU

Lu-Ma's Signature Curry £10.25

Served brown rice topped with crushed cashews (N) and fresh parsley

Lu-Ma's Signature Homemade Bean Burger £10.25

Served in a G/F bun with homemade vegan mayonnaise (S) (M)

sweet potato fries and a side of ketchup

Add avocado £3.25



Soup of the Day £6.10

Please check with the waitress or the board to see today's specials

Nachos Sharer £8.25

Topped with chunky salsa, vegan cheese, guacamole, marinated red onion and jalapeños

Special of the week £9.95

Our special changes weekly offering a balance of vegetables, grain, protein and greens

Sharing platter £13.95

4x falafels, roasted cashew nuts & pistachios, carrot & celery sticks & hummus, olives, corn chips & salsa dips, vegan bruschetta

Vegan Caesar Salad £10.25

Lettuce, cherry tomatoes, G/F croutons, Caesar dressing (S, M), Rocket, Roasted asparagus with garlic bread crumbs, vegan cheese, roasted chickpeas and almond flakes (N)

Superfood salad £10.25

Quinoa salad with edamame (S), goji berries, fresh herbs, tempeh bacon (S), hidziki, hummus (SS), sunflower and pumpkin seeds, steamed spinach, pressed red cabbage, pickles, sesame seed dressing (SS, M, S)

Sweet potato fries £4.25

Crispy GF sweet potato fries served with a side of vegan mayo (S, M) or ketchup



Please speak with your server if you have any allergies or food intolerances, thank you.

WINES, BEERS & SPIRITS

SINGLE SERVE WINES & PROSECCO

(18.7 cl)

Chalk Farm Sauvignon Blanc	£6.00
Chalk Farm Merlot	£6.00
Chalk Farm Zinfandel	£6.00
Vitelli Prosecco NV	£6.25



BOTTLES

All organic & fair trade

Running Duck Shiraz Rosé	£28.00
Running Duck Chenin Blanc	£28.00
Running Duck Merlot	£28.00
Biodynamic Prosecco	£35.00

SPIRITS

With Tonic, lemonade or Karma Kola

Gin	£7.25
Vodka	£7.25

Aperol Spritz	£7.75
Pimm's	£6.50/£20 (jug)
Buck's fizz	£6.50

BEERS

Wimbledon Gold Lager (pint)	£5.75
Wimbledon Pale ale (pint)	£5.75

Wimbledon Summer Ale (500ml)	£5.50
Brewdog Nanny State 0% (330ml)	£5.75

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& check out our Detox packages at www.Lu-Ma.co.uk/DetoxPackages



ORGANIC PRESSED JUICE £4.60

Verde – Romaine, kale, spinach, cucumber, lemon & mint

Rouge - Apple, beetroot, ginger, lemon & aloe vera

Zenzero - Apple, ginger, lemon & thyme

O'Fresco - Apple, carrot, lemon, ginger & turmeric

Straw'b- Strawberry, apple, lemon, basil

HOT SHOT £3.00

Lemon, ginger, cayenne, agave

TURMERIC TONIC £3.00

Lemon, ginger, turmeric



SMOOTHIES £5.50

Super Green Goodness

Almond milk (N), spinach, kale, spirulina, banana, cashew nuts (N)

Tropical Taster

Almond milk (N), Pineapple, mango, passion fruit, banana & maca powder

Acai Berry

Almond milk, mixed berries, banana, açai powder, cashew & chia seeds (n)

Chocoholic

Almond milk (N) Banana, dates, cocoa powder, & cashew nuts (N)
Please turn over for our drinks menu...

ICED DRINKS

Iced Matcha Green Tea £3.95

Matcha green tea powder with a choice of milk

Iced Latte £3.75

With a choice of milk

ORGANIC TEA £2.70

With your choice of milk - organic semi skimmed, almond (N), oat (G) or coconut

Choose from – Mint, Green, English Breakfast, Early Grey, Lemon & Ginger, Orange Hibiscus

Kukicha - Japanese twig tree tea £2.85

HOT DRINKS

With your choice of milk -
Semi skimmed, almond (N), oat (G) or coconut

Americano £2.60

Espresso £1.80

Macchiato £2.00

Capuccino £3.10

Latte £3.10

Flat white £3.10

Extra shot £0.50

Chai Latte £3.80

Turmeric Latte £3.80

Matcha Green Tea Latte £3.80

Hot Chocolate £3.90

COLD DRINKS

Organic Apple Juice £3.50

Organic Pear Juice £3.50

Still or Sparking Bottle (small) £1.50

Still or Sparking Bottle (large) £2.50

Dalston Can £2.30

Elderflower, Ginger Beer or Lemonade

Fizzy Nix Kix £2.25

Mango & Ginger or Blood Orange & Turmeric

Remedy Kombucha £3.50

Karma Kola £2.60

